

Theme: Following Rules

The Learning Triangle is TV that teaches + storybooks + activities—all related to one idea or skill. Parents and educators use the Learning Triangle to help children learn by encouraging them to interact with people and objects around them. Use the information below to create a Learning Triangle about making and breaking rules.

TV that teaches

Barney & Friends: #714—Play It Safe

Caillou: #135—Getting Along

Mister Rogers' Neighborhood: #1743—Go Stop Go

Caillou: #111—Best Behavior

Storybooks

No David by David Shannon

Following Rules by Robin Nelson

Following Rules: Learning About Respect by Regina Burch

Sammy Soccer Ball: Following Rules by Matt Jacobson

That's Our Principal! by Ann Morris



Activities

1. **Picture a World Without Rules:** With markers and paper, help your child create a picture of a world without rules. What would it look like? Why? Talk to your child about why we need rules to keep us safe and healthy.
2. **Household Rules:** Sit down with your child and think of five rules that are important to your household. Keep the rules very simple and state them in a positive way (avoid terms like don't or never). Make the rules age appropriate and talk to your child about them frequently. Be sure to point out when your child is following the rules as well as when he is not. Expect your child to need occasional reminders about the rules.
3. **Create a Poster:** After you decide on a few simple rules, write them down on a piece of paper. Read the rules to your child and talk about what they mean. Let your child decorate the poster with crayons, markers, or stickers. Put the poster in a place where your child will see it every day.
4. **Safety First:** Talk to your child about ways to keep safe in your home and community. For instance:
 - Explain that traffic lights can let us know when it is safe to go and when to stop.
 - Wearing seat belts in the car is a way to stay safe if the car stops suddenly.
 - Wearing bicycle helmets keeps children safe in case they fall.
5. **Older Children:** Visit pbskids.org and click on "It's My Life." This website is full of activities and information about how to stay safe if you are home alone. You can play "You're In Charge" to test your skills or download a parent-child discussion guide.

WILL has many resources that support the education of young children. For more information contact our educational outreach coordinator at **217-333-1070** or e-mail delaney1@will.uiuc.edu.